

Program

# OrthoDays 2017

International Foot and Ankle Course

January 25 – 27, 2017



Host

**Prof. Beat Hintermann and international faculty**

Venue

**AMTS, MuttENZ, Switzerland**

# OrthoDays 2017

International Foot and Ankle Course

## Impressions 2016



## Welcome Message



Yes, it is true. The next year's foot course will be the 20<sup>th</sup> course! Again it will be held at the new AMTS (Academy for Medical Training and Simulation) in MuttENZ, Switzerland, between the 25<sup>th</sup> and 27<sup>th</sup> of January 2017. Our adapted program includes a special symposium about the breakthroughs in foot and ankle surgery of the last years. The practical exercises will still be a main part of the course, but organized differently than last year. There will be a video symposium on current surgical techniques. An industrial exhibition rounds off the high-quality event.

New ideas, new faces and a new course format await you during the OrthoDays 2017. Superb educational opportunities – the latest in products and services – networking with colleagues – seeing old friends and making new acquaintances. The approach with two full-day practical exercises in the Wet Lab will ensure a high exchange of knowledge and expertise and it will enlarge your skills in foot and ankle surgery. Case discussions with experts will be stimulating and groundbreaking. We encourage you to participate actively and to share your thoughts and experiences. An outstanding international faculty welcomes you to share this unique opportunity with us.

We hope for a once in a life time experience for all.

A handwritten signature in blue ink, appearing to read 'B. Hintermann'.

Prof. Beat Hintermann

### Patronage/Program

#### **Prof. Beat Hintermann**

Kantonsspital Baselland, Klinik für Orthopädie und Traumatologie des Bewegungssapparates, 4410 Liestal, [orthodays2017@ksbl.ch](mailto:orthodays2017@ksbl.ch)

### Organization/Registration

conidea GmbH, Waldheimstrasse 22, 3604 Thun, Switzerland  
T: +41 33 335 02 79, [orthodays2017@conidea.ch](mailto:orthodays2017@conidea.ch)



## Wednesday, January 25<sup>th</sup>

**Time Theme/Subject Speaker**

08:30 Announcements **B. Hintermann**

08:40 Presidential welcome address SFAS  
**N. Espinosa**

Moderators **N. Espinosa, B. Hintermann**

08:45 **Anatomy of the Medial Hindfoot**  
**J. Nunley**

### Practical Exercise I (cadaveric specimens)

09:05 Anatomy of the medial hindfoot  
**J. Nunley, R. Ruiz**

10:30 Coffee break

11:00 **Anatomy of the Lateral Hindfoot**  
**B. Ribbans**

### Practical Exercise II (cadaveric specimens)

11:20 Anatomy of the lateral hindfoot  
**B. Ribbans, M. Knupp**

12:30 Lunch

**Time Theme/Subject Speaker**

Moderators **C. Ortiz, C. Nery**

### Forefoot Disorders I

13:30 Decision making **H. Trnka**

### Video Symposium I: How I do it?

14:00 Hallux valgus: TMT 1-fusion  
**M. Assal**

14:15 Hallux valgus: Proximal osteotomies  
**E. Wagner**

14:30 Hallux valgus: Distal osteotomies  
**M. Knupp**

14:45 Hallux rigidus: Joint preserving surgery  
**J. Nunley**

15:00 Hallux rigidus: MTP 1-fusion  
**N. Espinosa**

15:15 Metatarsalgia: Metatarsal osteotomies  
**H. Trnka**

15:30 Coffee break

### Practical Exercise III (cadaveric specimens)

16:00 Forefoot surgeries  
**(under supervision of experts)**

17:30 Case discussions **H. Trnka**

18:30 Adjourn, transfer to the hotel



## Thursday, January 26<sup>th</sup>

**Time Theme/Subject Speaker**

Moderators **K. Wapner, H. Trnka**

### Anatomy of the Mid- and Forefoot

08:00 Anatomy of the midfoot **K. Wapner**

08:20 Anatomy of the forefoot (incl. plantar plate) **H. Trnka**

### Mini-Battle

08:40 Should the plantar plate be repaired?  
 • No **J. Nunley**  
 • Yes **C. Nery**

### Practical Exercise IV (cadaveric specimens)

09:00 Plantar plate repair **C. Nery**

09:30 Lisfranc reconstruction **M. Assal**

10:00 Coffee break

### Laterally Unstable Foot / Varus Foot

10:30 My treatment algorithm **F. Krause**

### Video Symposium II: How I do it ?

10:50 Lateral ligament reconstruction **B. Ribbans**

10:05 Z-osteotomy of calcaneus **M. Knupp**

10:15 PL- to PB-tendon transfer **A. Barg**

### Practical Exercise V (cadaveric specimens)

11:30 Lateral foot reconstruction in varus foot (under supervision of experts)

12:30 Lunch

**Time Theme/Subject Speaker**

Moderators **M. Knupp, E. Wagner**

### Medially Unstable Foot / Valgus Foot

13:30 My treatment algorithm **E. Wagner**

### Video Symposium III: How I do it ?

13:50 Medial ligament reconstruction **B. Hintermann**

14:05 FDL-transfer **C. Ortiz**

14:15 Medial sliding osteotomy **E. Wagner**

14:25 Lateral column lengthening osteotomy **R. Ruiz**

14:35 Medial closing wedge osteotomy of tibia **F. Krause**

### Practical Exercise VI (cadaveric specimens)

14:45 Medial foot reconstruction in valgus foot (under supervision of experts)

16:00 Coffee break

Moderator **B. Ribbans**

### Foot Reconstruction – Learn from the Master (Case based discussion round)

16:30 How I did this case **H. Trnka**

16:45 How I did this case **C. Ortiz**

17:00 How I did this case **F. Krause**

17:15 How I did this case **N. Espinosa**

17:30 How I did this case **M. Assal**

17:45 How I did this case **M. Knupp**

18:00 How I did this case **K. Wapner**

18:15 How I did this case **E. Wagner**

18:30 How I did this case **C. Nery**

18:45 Adjourn, transfer to the hotel

20:00 **Get-together Hotel Marriot**



## Friday, January 27<sup>th</sup>

Time	Theme/Subject	Speaker	Time	Theme/Subject	Speaker
	Moderators	<b>R. Ruiz, B. Hintermann</b>		Moderator	<b>J. Nunley</b>
	<b>Breakthroughs in Foot and Ankle Surgery in the last 20 Years</b>			<b>Foot Reconstruction - Learn from the Master</b> (Case based discussion round)	
08:00	Forefoot surgery	<b>H. Trnka</b>	13:00	My worst case	<b>H. Trnka</b>
08:15	Midfoot surgery	<b>K. Wapner</b>	13:15	My worst case	<b>M. Knupp</b>
08:30	Hindfoot (with/without peritalar) instability	<b>A. Barg</b>	13:30	My worst case	<b>K. Wapner</b>
08:45	Acquired flatfoot of the adult	<b>R. Ruiz</b>	13:45	My worst case	<b>C. Nery</b>
09:00	Ankle osteoarthritis: joint preserving surgery	<b>M. Knupp</b>	14:00	My worst case	<b>N. Espinosa</b>
09:20	Ankle osteoarthritis: total ankle replacement	<b>B. Hintermann</b>	14:15	My worst case	<b>E. Wagner</b>
09:40	Hindfoot fusion	<b>N. Espinosa</b>	14:30	My worst case	<b>M. Assal</b>
10:00	20 years of education in Switzerland	<b>J. Nunley</b>	14:45	My worst case	<b>B. Hintermann</b>
			15:00	My worst case	<b>M. Knupp</b>
			15:15	My worst case	<b>F. Krause</b>
			15:30	My worst case	<b>C. Ortiz</b>
			15:45	Discussion and final Remarks	<b>B. Hintermann</b>
10:30	Coffee Break				
	Moderator	<b>K. Wapner</b>	16:00	Adjourn	
	<b>Case Discussions</b>			End of the course	
11:00	Case I – what to do ?	<b>A. Barg</b>			
11:15	Case II – what to do ?	<b>C. Nery</b>			
11:30	Case III – what to do ?	<b>B. Ribbans</b>			
11:45	Cases from the audience	<b>Participants</b>			
12:00	Lunch				

**Assal Mathieu, MD**

Clinique La Colline, Av. de Beau-Séjour 6,  
1206 Genève 14, Switzerland  
mathieu.assal@bluewin.ch

**Barg Alexej, MD**

Department of Orthopaedics, University of  
Utah, 590 Wakara Way, Salt Lake City,  
UT 84108, USA  
alexej.barg@hsc.utah.edu

**Espinosa Norman, MD**

SFAS President, Foot and Ankle Institute,  
Kappelstrasse 7, 8002 Zürich, Switzerland  
espinosa@fussinstitut.ch

**Hintermann Beat, MD**

Orthopaedic Department, Cantonal Hospital  
Baselland, 4410 Liestal, Switzerland  
beat.hintermann@ksbl.ch

**Krause Fabian, MD**

Orthopaedic Department, University Hospital  
Inselspital, 3010 Bern, Switzerland  
fabian.krause@insel.ch

**Knupp Markus, MD**

Orthopaedic Department, Cantonal Hospital  
Baselland, 4101 Bruderholz, Switzerland  
markus.knupp@ksbl.ch

**Nery Caio, MD**

Rua Afonso Bràs 817, V.N. Concalcao  
Sao Paulo, Brazil  
caionerymd@gmail.com

**Nunley James, MD**

Department of Orthopaedics, Duke University  
Medical Center, Box 2923, Durham,  
North Carolina 27710-0001, USA  
nunle001@mc.duke.edu

**Ortiz Cristián, MD**

Clinica Alemana, Vitacura, Av. Manquehue  
Norte 1410, Santiago de Chile, Chile  
cortiz@alemana.cl

**Ribbans William J, MD, PhD**

University of Northampton, The County Clinic,  
57 Billing Road, Northampton, NN1 5DB,  
United Kingdom  
billribbs@uk-doctors.co.uk

**Ruiz Roxa, MD**

Orthopaedic Department, Cantonal Hospital  
Baselland, 4410 Liestal, Switzerland  
roxarw@yahoo.com

**Trnka Hans-Jörg, MD**

Foot and Ankle Center Vienna,  
Alserstrasse 43/8D, A-1080 Vienna, Austria  
trnka@fusszentrum.at

**Wagner Emilio, MD**

Clinica Alemana, Vitacura, Av. Manquehue  
Norte 1410, Santiago de Chile, Chile  
ewagner@alemana.cl

**Wapner Keith, MD**

Penn Medicine, 230 West Washington Square,  
Philadelphia, PA 19106, USA  
twinsuns1@comcast.net

## Venues, Driving Directions, Parking

### Location

**AMTS** Academy for Medical Training and Simulation  
Kriegackerstrasse 100,  
CH-4132 Muttenz BL  
info@amts.ch, www.amts.ch  
The AMTS is located in the upper three floors of the «Rennbahntowers» in Muttenz.

### Public transport

If you are coming from Basel, then you can reach us with the train lines S1 and S3 or with the tram line 14 (tram stop Muttenz Zum Park).  
From the train station you can reach us by foot (approximately 900 m) or by bus with the lines 47 or 63 (Bus stop Muttenz Fachhochschule).

### Driving directions

If coming from Zürich (A2) take the highway exit 6 Birsfelden / Hagnau and then follow the directions to Muttenz.  
If coming from Basel (A2) take the highway exit 6 Hagnau and follow H18 in direction Delémont /Muttenz. On H18 take the exit Muttenz-Süd.

### Accommodation

#### Courtyard by Marriott Basel

Hardstrasse 55, 4133 Pratteln  
T: +41 61 827 17 17, F: +41 61 827 17 18  
frontoffice@bslcy.ch  
www.courtyardbasel.com

#### Driving directions and public transportation

To access the hotel, take the highway exit Pratteln. The hotel can then be reached within two minutes. From the train station it is an 8 minute walk.

#### Parking

The hotel has 500 parking spaces available indoor in their parking garage and 200 parking spaces outdoor.  
The daily rate is CHF 30.-.



## Fees, Credits, Registration, Accommodation



### Fees

**Foot and Ankle Course, January 25 – 27, 2016**

SFAS members

CHF 2500.–

CHF 2400.–

### Credits

16 Credits

### Language

The Foot and Ankle course will be held in English, simultaneous translation will not be provided.

### Number of Participants/Registration

The number of participants is limited. The registrations are accepted in the order of entrance. Please register by filling out the form at the end of this brochure or online ([www.orthodays.ch](http://www.orthodays.ch)). You will receive the confirmation and the invoice as an e-mail.

### Accommodation

Hotel accommodation is not included in the course fee. If needed, accommodation needs to be booked and paid by the participants themselves.

A limited number of rooms have been reserved for course participants to special rates at the Seminarhotel Courtyard by Marriott Basel.

### Registration Form – Foot and Ankle Course 2017

Title / Titel

Miss, Mister / Frau, Herr

Postal code, City / PLZ, Ort

First Name / Vorname

Country / Land

Surname / Familienname

Phone / Telefon

University, Hospital / Universität, Spital

E-Mail

Address / Adresse

Registration  
CHF 2500.-

Registration as  
SFAS Member, 2400.-

I'll join the free Get-Together Party on January 26<sup>th</sup>, 8 pm  
Ich nehme an der gratis Get-Together Party am 26. Jan. 20h teil

Yes/Ja

No/Nein

The number of participants is limited. The registrations are accepted in the order of entrance. You will receive the confirmation and the invoice as an e-mail. The cancellation fee amount is CHF 100.-. A cancellation is no longer possible after the 30<sup>th</sup> of December 2016.

**Registration:**

conidea GmbH, Waldheimstrasse 22, 3604 Thun, orthodays2017@conidea.ch

**Hotel reservation directly via Courtyard by Marriott Basel**

Hardstrasse 55, 4133 Pratteln, T: +41 61 827 17 17, F: +41 61 827 17 18, frontoffice@bslcy.ch

Teilnehmerzahl beschränkt. Die Teilnahme erfolgt in der Reihenfolge der Anmeldung. Nach der Anmeldung erhalten Sie per Mail eine Bestätigung und die Rechnung. Stornierungsgebühr CHF 100.-. Nach dem 30. Dezember 2016 ist keine Stornierung mehr möglich.

**Anmeldung an:**

conidea GmbH, Waldheimstrasse 22, 3604 Thun, orthodays2017@conidea.ch

**Hotelreservierung direkt an Courtyard by Marriott Basel**

Hardstrasse 55, 4133 Pratteln, T: +41 61 827 17 17, F: +41 61 827 17 18, frontoffice@bslcy.ch

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